





# Unani Day 2025 & International Conference on

"Innovations in Unani Medicine for Integrative Health Solutions - A way forward"

February 11 - 12, 2025 | Vigyan Bhawan, New Delhi

## Organized by

Central Council for Research in Unani Medicine Ministry of Ayush, Govt. of India

Hybrid Conference

Programme Schedule



# Programme Schedule

# Day-1 | 11<sup>th</sup> Feb, 2025 - (Tuesday)

12:30- 14:30	Seating as per security protocol (Entry to Plenary	Hall closes	at 15:00)
14:30 - 15:30	Pre-Inaugural Displays		
16:00 - 17:00	Inaugural Session presided by the Hon'ble Preside	ent of India	
Rapporteurs	<b>Dr. Merajul Haque</b> , Research Officer (Unani), Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.		
	<b>Dr. Anwar Jamal</b> , Research Officer (Unani), Regional Research Institute of Unani Medicine, New Delhi.		
	<b>Dr. Umer Hussain</b> , Senior Research Fellow (Unani), Drug Standardization Research Unit, New Delhi		
17:00- 17:30	Launch/Releases/Appreciation Certificates		
17:30 - 18:30	Plenary Hall	Hall 4	Hall 5
Keynote Addresses	Dr. W. Selvamurthy President, Amity Science, Technology and Innovation Foundation (ASTIF) and Director General, Amity Directorate of Science and Innovation (ADSI).  Prof. Asim Ali Khan Former Director General, Central Council for Research in Unani Medicine, Dean, School of Unani Medical Education and Research (SUMER) and Chief Medical Superintendent (CMS),	Webcast from Plenary Hall	Webcast from Plenary Hall
	Majeedia Unani Hospital, Jamia Hamdard, New Delhi.  Lt. General Ashok Jindal		
	Executive Director and CEO - All India Institute of Medical Sciences (AIIMS) Raipur.		
	Prof. Saiyad Shah Alam Director, National Institute of Unani Medicine, Bengaluru.		
Moderator	<b>Dr. Virendra M. Tiwari,</b> Director, CSIR-North East Institute of Science & Technology (CSIR-NEIST), Jorhat, Assam		

#### Unani Day 2025 & International Conference on Unani Medicine



#### Rapporteurs

**Dr. Jamal Akhtar**, Research Officer (Unani), Scientist-IV, Central Council for Research in Unani Medicine, Headquarters, New Delhi

**Dr. Usha Devi**, Research Officer (Botany), Scientist-II, Central Council for Research in Unani Medicine, Headquarters, New Delhi

**Dr. Kamar Sultana**, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.

#### **Dinner**



## Day-2 | 12<sup>th</sup> Feb, 2025 - (Wednesday)

## Panel Discussion-I |10:00 - 11:30 | Plenary Hall

Theme: Integrative Health Solutions through Unani Medicine: Country Perspective

Moderators	<b>Dr. N. Zaheer Ahmed,</b> Director General, Central Council for Research in Unani Medicine, New Delhi.
	<b>Dr. Geetha Krishnan G Pillai,</b> Unit Head, Traditional Medicine Research and Evidence, WHO Global Traditional Medicine Centre, Universal Health Care-Life course, WHO HQ.
Panellist	<b>National Prof. AK Azad Khan,</b> President, Diabetic Association of Bangladesh & Regional Chair, South East Asia, IDF, Bangladesh.
	<b>Prof. Alireza Abbassian,</b> Head, Traditional Medicine Dept., School of Persian Medicine, Tehran University of Medical Sciences, Iran.
	Ms. Sharifah Firyelhana binti Syed Abdul Rahman, Disciplinary and Ethics Unit Traditional and Complementary Medicine Council Section Traditional and Complementary Medicine Division, Ministry of Health, Malaysia.
	<b>Dr. Rhoda Deers,</b> Reg. Unani Tibb Practitioner & Associate Lecturer Anthropology Department, University of Western Cape, South Africa, Unani Tibb representative for Professional Board of Ayurveda, Chinese and Unani Medicine (PBACMU) on the AHPCSA, South Africa.
Rapporteurs	<b>Dr. Farah Ahmed</b> , Research Officer (Unani), Scientist-III, Central Council for Research in UnaniMedicine, Headquarters, New Delhi.
	<b>Dr. Suheena Khanday</b> , Research Officer (Unani), Scientist-I, Central Council for Research in Unani Medicine,, Headquarters, New Delhi.
	<b>Dr. Kamar Sultana</b> , Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.

### 11: 30 AM - 11:45 AM | Tea Break



### Scientific Session-I | 10:00 - 11:30 | Hall-4

Theme: Unani Medicine for Globalized Health-Unlocking New Opportunities.

Chairpersons	<b>Dr. Mogana Sundari Rajagopal,</b> Dean Faculty of Pharmaceutical Sciences, UCSI, University, Kuala Lumpur, Malaysia.	
	<b>Dr. Arzeena Jabeen,</b> Assistant Director, National Research Institute of Unani Medicine for Skin Disorders, Hyderabad.	
	<b>Dr. Surender Singh,</b> Professor, Dept. of Pharmacology, All India Institute of Medical Sciences, New Delhi.	
Time	Speaker Name	Topic
10:00 - 10:15	<b>Dr. Mohammed Idris</b> Senior Principal Scientist, CSIR-CCMB, Hyderabad	DNA Barcode Library for Authenticating Plant-Based Drugs in Unani Pharmacopoeia and Medicine.
10:15 - 10:30	Ms. Umedakhon Yuldasheva Dean, Faculty of Pharmacy, Avicenna Tajikistan State Medical University	Role of Medicinal Plants in Phytotherapy of Metabolic Syndrome
10:30 - 10:45	Prof. M. Rasool Professor and Assistant Director, Sponsored Research and Industrial Consultancy Bioscience and Technology, Vellore Institute of Technology, Vellore	Majoon chobchini inhibits dendritic cell activation via increased PD-L1 expression and reinvigorates the Th17/Treg balance in the treatment of rheumatoid arthritis
10:45 - 11:00	Dr. Tanveer Naved Deputy Dean, Faculty of Health and Allied Sciences ,Amity University, Noida	Significance of Adaptogen and Immunomodulator Medicinal Plants in the Post-Covid-19 Era
11:00 - 11:15	Dr. Amisha Vora Associate Professor, SPP School of Pharmacy & Technology Management, SVKM's NMIMS, University of Mumbai, Maharashtra	Neuroprotective potential of Majoon Nisyan in amyloid beta induced animal model of Alzheimer's disease
	Rapporteurs	
	<b>Dr. Mustehasan,</b> Research Officer (Unani), Scientist-III, Drug Standardization Research Unit, New Delhi	
	<b>Dr. Tamana Nazli,</b> Research Officer (Unani), Scientist-I, Regional Research Institute of Unani Medicine, New Delhi.	
	Mr. Anas Alvi, Research Assistant (Chemistry), Drug Standardization Research Unit, New Delhi.	

#### 11: 30 AM - 11:45 AM | Tea Break



## Scientific Session-II | 10:00 - 11:30 | Hall -5

Theme: Moving towards Sustainable Development Goal -3: Good Health and Well Being.

Chairpersons	<b>Dr. Raman Mohan Singh</b> , Director, Pha Medicine & Homoeopathy.	rmacopoeia Commission for Indian
	<b>Dr. Syed Imamuddin Ahmed</b> , Former Principal, Govt. Unani Medical College Chennai & Chairman IEC, Regional Research Institute of Unani Medicine, Chennai.	
	<b>Dr. K. Nagaiah</b> , Chief Scientist & Head Traditional Knowledge, CSIR-IICT, Hyd	
	<b>Prof. Arman Zargaran</b> , Vice, Internation Medical Education and Assoc. Prof., To University of Medical Sciences, Iran.	
	<b>Dr. Mumtaz Ahmad</b> , Deputy Director, R Medicine, Patna.	egional Research Institute of Unani
Time	Speaker Name	Topic
10:00 - 10:15	<b>Dr. Deepika Gunawant</b> Additional Medical Director, Apollo Ayuraid Hopital Nehru Place, New Delhi	Sustainable Development Goal for Good health and wellbeing- through Indian Traditional systems of medicine
10:15 - 10:30	Prof. Kavita Gulati Director-Professor and Head, Department of Pharmacology, Vallabhbhai Patel Chest Institute, University of Delhi	Integrating Unani Medicine with Modern Medicine for Sustainable Management of Drug Induced Liver Injury
10:30 - 10:45	Dr. Manish Pande Director & Head of Project Analysis and Documentation Division (PADD), Quality Council of India (QCI)	Role of Conformity Assessment in Strengthening the Unani System
10:45 - 11:00	Dr. Kashipa Harit Deputy Director, National Accreditation Board for Hospitals & Healthcare Providers, New Delhi	Developing Standards for Ayush Hospitals.
11:00 - 11:15	Prof. Mubashir Masoodi HoD, Dept. of Pharmaceutical Science University of Kashmir	Traditional Medicine Re-imagined: A Pathway to Integrative Wellness
11:15 -11:30	<b>Dr. Athar Parvez Ansari</b> Research Officer (Unani) Scientist-II, Regional Research Institute of Unani Medicine, Chennai.	Unani Panacea for Non Healing Foot Ulcer.



#### Scientific Session-II | 10:00 - 11:30 | Hall -5

Theme: Moving towards Sustainable Development Goal -3: Good Health and Well Being.

#### Rapporteurs

**Dr. Nighat Anjum**, Research Officer (Unani), Scientist-IV, Central Council for Research in Unani Medicine, Headquarters, New Delhi.

**Dr. Shaista Urooj**, Research Officer (Unani), Scientist-II, Regional Research Institute of Unani Medicine, New Delhi.

**Dr. Irshad**, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.

#### 11: 30 AM - 11:45 AM | Tea Break



## Scientific Session-III | 10:00 - 11:30 | Hall -6

Theme: Integrating Traditional Medicine into Healthcare Systems

Chairpersons	<b>Dr. M. A. Waheed</b> , Former Head, Central Research Institute of Unani Medicine Hyderabad, CCRUM.		
	<b>Prof. (Dr.) Ajay Shukla</b> , Director & Medical Superintendent, Atal Bihari Vajpayee Institute of Medical Sciences & Dr. Ram Manohar Lohia Hospital, New Delhi.		
	<b>Dr. K. Jagannathan</b> , President, Board of Unani Siddha and Sowa Rigpa, National Commission For Indian System Of Medicine (NCISM), New Delhi.		
	<b>Dr. Pawan Kumar Godatwar</b> , Technical Officer SEARO	(Traditional Medicine) WHO,	
	Dr. Younis I. Munshi, Deputy Director, NRIUM	SD, Hyderabad	
Time	Speaker Name	Topic	
10:00 - 10:15	Dr. Raghu Arackal Deputy Director General (Ayush), Director General of Health Services (DGHS), MoHFW, Government of India	Ayush for Public Health	
10:15 - 10:30	Prof. Jugal Kishore Director, Department of Community Medicine, VMMC and Safdarjung Hospital, New Delhi	Integrating Traditional Medicine in Public Health System	
10:30 - 10:45	Prof. Suhel Parvez Toxicology Department, Jamia Hamdard, New Delhi	Neuroinflammation and Motor Function Rescue: Unveiling Majun Falasfa's Role in Alzheimer's Disease Therapy	
10:45 - 11:00	Dr. Tasnim Vahed Unani representative and Chair of Professional board of Ayurveda, Chinese and Unani medicine (PBACMU) on the AHPCSA, South Africa	Integrating Traditional Medicine into Health Care System.	
11:00 - 11:15	Mr. Mirrakhimov Jamshid Abdullayevich Head, Department/Director, The Ministry of Health/Republican Scientific-Practical Centre of Folk/Traditional Medicine, Uzbekistan	Regulatory and legal bases of folk medicine in the Republic of Uzbekistan	
11:15 -11:30	<b>Dr. Riyaadh Mohamed</b> Training and Research Medical Director, Ibn Sina Institute of Tibb, South Africa	The Ibn Sina Institute of Tibb: Integrating Unani-Tibb into the South African Healthcare System.	



#### Scientific Session-III | 10:00 - 11:30 | Hall -6

Theme: Integrating Traditional Medicine into Healthcare Systems

#### Rapporteurs

**Dr. Pradeep Kumar**, Research Officer (Pathology), Scientist-IV, Central Council for Research in Unani Medicine, Headquarters, New Delhi.

**Dr. Jamal Akhtar**, Research Officer (Unani), Scientist-IV, Central Council for Research in Unani Medicine, Headquarters, New Delhi.

**Dr. Fouzia Bashir**, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.

#### 11: 30 AM - 11:45 AM | Tea Break



### Panel Discussion -II |11:45 - 13:00 | Plenary Hall

Theme: Integrative Health Solutions through Unani Medicine: Country perspective

Moderators	<b>Dr. N. Zaheer Ahmed,</b> Director General, Central Council for Research in Unani Medicine, New Delhi.	
	<b>Dr. Geetha Krishnan G Pillai,</b> Unit Head, Traditional Medicine Research and Evidence, WHO Global Traditional Medicine Centre, Universal Health Care-Life course, WHO HQ.	
Panellist	<b>Prof. Mohamed Shiffa</b> , Prof., Dept. of Unani Clinical Medicine, Faculty of Indigenous Medicine, University of Colombo, Srilanka.	
	Ms. Yuldasheva Umedakhon Pulatovna, Dean & Assoc. Prof., Faculty of Pharmacy, Avicenna Tajikistan State Medical University, Tajikistan	
	<b>Dr. Benazir Fahimuddin Quraishi</b> , Medical Director, Unani Physician Wafi Hospitality L.L.C Dubai, UAE.	
	<b>Mr. Rakhimkulov Farkhod Abduraufovich,</b> Head, Secretariat of Minister in the Ministry of Health, Uzbekistan.	
Rapporteurs	<b>Dr. Amanullah,</b> Research Officer (Unani), Scientist-IV, Central Council for Research in Unani Medicine, Headquarters, New Delhi.	
	<b>Dr. Mohd. Wasim Ahmed,</b> Research Officer (Unani), Drug Standardization Research Institute, Ghaziabad	
	<b>Dr. Mantasha,</b> Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.	

### 13:00 - 14:00 | Lunch Break



### 11:45 AM - 1:00 PM | Scientific Session-IV | Hall-4

Theme: Development of Unani Ahar (Diet): through Scientific Approach

Chairpersons	Prof. Abdul Quavi, Principal & Medical Superintendent, State Takmil-ut-Tib College and Hospital  Dr. Asma Sattar, Research Officer I/c, Drug Standardization Research Institute, Ghaziabad	
Time	Speaker Name	Topic
11:45-12:00	<b>Prof. Asia Sultana, Head,</b> Department of Ilaj bil Tadbir, AKTC, Aligarh Muslim University, Aligarh	Colonisation of Indian food Industry: Legacy and Modern health challenges
12:00 - 12:15	Prof. Geer Mohammad Ishaq Dept. of Pharmaceutical Sciences, University of Kashmir, J&K	Emerging role and significance of Unani Medicine in the world of integrative, holistic and lifestyle medicine
12:15 - 12:30	<b>Dr. Khalid Zaffar Masoodi</b> Associate Prof./Senior Scientist, Division of Plant Biotechnology, SKUAST-K, Srinagar	Magic food from Himalaya against prostate cancer.
Rapporteurs	<b>Dr. Noman Anwar</b> , Research Officer (Unani), Scientist-II, Regional Research Institute of Unani Medicine, Chennai	
	<b>Dr. Khadijah Abdul Hafeez</b> , Research Officer (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.	
	<b>Dr. Gulwaiz Akhtar</b> , Senior Research Fellow (Botany) Drug Standardization Research Unit, New Delhi.	

## 13:00 - 14:00 | Lunch Break



### Scientific Session-V |11:45 - 13:00| Hall -5

Theme: Harnessing Artificial Intelligence and Machine learning for Ayush/ Traditional Medicine:
Prospects and Challenges

Chairpersons	Dr. Mohammad Kamil, Director General Lotus Holistic Health Institute, UAE		
	<b>Dr. Ziaul Haq Siddiqui</b> , Deputy Director, Regional Research Institute of Unani Medicine, Delhi.		
	<b>Dr. Mohammad Zubair</b> , Head Sales & Medico N Laboratories, New Delhi.	Marketing, Hamdard	
	<b>Dr. Akhtar Hussain Jamali</b> , Research Officer I/of Unani Medicine, Silchar	c, Regional Research Institute	
Time	Speaker Name	Topic	
11:45-12:00	<b>Dr. Khalid Raza</b> Associate Professor, Department of Computer Science, Jamia Millia Islamia, New Delhi	Empowering Unani System of Medicine with AI and Machine Learning: Prospects & Challenges	
12:00 - 12:15	<b>Dr. Sayeed Ahmad</b> Head, Dept. of Food Technology, SIST, School of Pharmaceutical Education & Research, Jamia Hamdard, New Delhi.	Advanced analytical methods for Quality Control, pharmacokinetics and metabolomics of Unani Medicine	
12:15 - 12:30	Dr. Sandeep Chaudhary Dean, Associate Professor & HOD, Department of Medicinal Chemistry Bioactive Heterocycles and Catalysis Laboratory (BHC Lab), National Institute of Pharmaceutical Education and Research, Raebareli (NIPER-R)	Artificial Intelligence and Machine Learning-Assisted Drug Discovery in Ayush/Traditional Medicine with special emphasis on Virtual Screening: Challenges and Opportunities	
12:30-12:45	Dr. Kushagra Khanna Head of Research, QS Coordinator & Industrial Coordinator Assistant Professor, Department of Pharmaceutical Technology. Faculty of Pharmaceutical Sciences. UCSI University, Kuala Lumpur, Malaysia	Harnessing AI for Advancing the Unani System of Medicine: Formulation, Standardization Challenges and Opportunities	
12:45-13:00	<b>Dr. Saketh Ram Thrigulla</b> (Virtual), Research Officer (Ayurveda)-National Institute of Indian Medical Heritage, CCRAS, Hyderabad	Specific Considerations for Responsible usage of AI for Unani System of Medicine and other Ayush Systems.	



#### 11:45 AM - 1:00 PM | Scientific Session-V | Hall-5

Theme: Harnessing Artificial Intelligence and Machine learning for Ayush/ Traditional Medicine:

Prospects and Challenges

#### Rapporteurs

**Dr. Usama Akram,** Research Officer (Unani), Scientist-II, Central Council for Research in Unani Medicine, Headquarters, New Delhi.

**Dr. Nighat Parveen,** Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.

**Dr. Taruba,** Research Associate (Botany), Central Council for Research in Unani Medicine, Headquarters, New Delhi.

#### 13:00 - 14:00 | Lunch Break



## Scientific Session-VI |11:45 - 13:00| Hall -6

Theme: Unani Perspectives on Mental Health and Well-Being

Chairpersons	<b>Prof. M. Idris,</b> Former Principal & Dean , A & U Tibbia College, Karol Bagh, New Delhi	
	<b>Mr. Bakhodir Temirov</b> , Deputy Director, Republican Scientific-Practical Center of Folk medicine, Ministry of Health, Uzbekistan.	
	<b>Prof. Aleemuddin Quamri,</b> Prof & Head, Dept of Amraze Incharge, Moalajat, National Institute of Unani Medicine	
	<b>Ms. Amina Al Haidan,</b> Founder & Chairperson,Lotus Hol Institute, Abu Dhabi, UAE	istic Center &
	<b>Dr. Rampratap Meena,</b> Assistant Director (Chemistry), C Research in Unani Medicine, Headquarters, New Delhi.	Central Council for
Time	Speaker Name	Topic
11:45-12:00	Dr. Mujeeb Hoosen Coordinator, Unani Tibb, School of Natural Medicine Faculty of Community & Health Sciences, University of the Western Cape (UWC), South Africa	Transforming Unani Medicine: Spiritual Care Research in South Africa
12:00 - 12:15	Dr. Yumna Mayet Unani Tibb representative on the Allied Health Professions Council of South Africa (AHPCSA), South Africa	Ancient Wisdom, Modern Minds: Unani Medicine for a New Era in Mental Health and Wellbeing
12:15 - 12:30	Prof. Ashhar Qadeer Department of Kulliyat, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh	Unani Perspectives on Mental Health and Well-Being
12:30-12:45	<b>Dr. MD. Imtaiyaz Hassan</b> Assistant prof., Centre for Interdisciplinary Research in Basic Sciences, Jamia Millia Islamia, New Delhi	Preparation and characterization of Unani plant extracts for targeting of Alzheimer's disease via modulation of human kinase
12:45-13:00	<b>Dr. Nikhat Shaikh</b> Research Officer (Unani), S-III, Regional Research Institute of Unani Medicine, Mumbai	Reviving Regimenal Therapies: Evidence-Based Solutions for Mental Health and Disease



#### Scientific Session-VI |11:45 - 13:00| Hall -6

Theme: Unani Perspectives on Mental Health and Well-Being

#### Rapporteurs

**Dr. Meena Kumari Nayak**, Research Officer (Pathology), Regional Research Institute of Unani Medicine, New Delhi.

**Dr. Shaista Urooj**, Research Officer (Unani), Regional Research Institute of Unani Medicine, New Delhi.

**Dr. Safdar**, Research Associate (Unani), Regional Research Institute of Unani Medicine, New Delhi

#### 13:00 - 14:00 | Lunch Break



### Keynote Addresses | 14:00 - 15:30 | Plenary Hall

Theme: Unani Perspectives on Mental Health and Well-Being

Keynote Speakers	Dr. Mogana Sundari Rajagopal, Dean, Faculty of Pharmaceutical Sciences, UCSI, University of Kuala Lumpur, Malaysia.  Prof. Arman Zargaran Vice, International Affairs, Ministry of Health and Medical Education and Assoc. Prof., Traditional Pharmacy, Tehran University of Medical Sciences, Iran.
Rapporteurs	<b>Dr. Ahmed Sayeed</b> , Research Officer (Unani), Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.
	<b>Dr. Priyanka Verma</b> , Research Officer (Chemistry), Regional Research Institute of Unani Medicine, New Delhi.
	<b>Dr. Humaira Shazia</b> , Senior Research Fellow (Unani), Regional Research Institute of Unani Medicine, New Delhi.

#### 15:30 - 15:45 | High Tea



### Scientific Session-VII | 14:00 - 15:30 | Hall -4

Theme: Translational Research in Unani/Traditional Systems of Medicine

Ministry of Health, Uzbekistan.  Dr. Mujeeb Hoosen, Coordinator of Unani Tibb, School of Community and Health Sciences, University of Western Cape, South Africa.  Dr. Parvez Khan, Research Officer I/c, Regional Research Institute of Unani Medicine, Aligarh.  Time  Speaker Name  14:00 – 14:15  Prof. Farhan Jalees Dept. of Pharmaceutics, School of Pharmaceutical Education and Research, Jamia Humdard, New Delhi  14:15- 14:30  Dr. SM. Raeesuddeen Former Visiting Faculty, Hamdard University Bangladesh. Former Senior Lecturer, FIM, University of Colombo, Sri Lanka  14:30- 14:45  Dr. Ahmad Ali Assistant Professor, Molecular Biochemistry Laboratory, Department of Life Sciences University of Mumbai  14:45-15:00  Prof. Shama Parveen Centre for Interdisciplinary Research in Basic Sciences, Jamia Millia Islamia, New Delhi  15:00- 15:15  Prof. Nazeem Fahamiya Dept. of Ilmul Advia, Faculty of Indigenous Medicine, University of Colombo, Sri Lanka  Prof. Kumud Bala Department of Biotechnology, Amity University, Noida  Rapporteurs  Dr. Bilal Ahmed, Research Officer (Unani), Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.				
Health Sciences, University of Western Cape, South Africa.  Dr. Parvez Khan, Research Officer I/c, Regional Research Institute of Unani Medicine, Aligarh.  Time  Speaker Name  14:00 – 14:15 Prof. Farhan Jalees Dept. of Pharmaceutics, School of Pharmaceutical Education and Research, Jamia Humdard, New Delhi  14:15- 14:30 Dr. SM. Raeesuddeen Former Visiting Faculty, Hamdard University Bangladesh. Former Senior Lecturer, FIM, University of Colombo, Sri Lanka  14:30- 14:45 Dr. Ahmad Ali Assistant Professor, Molecular Biochemistry Laboratory, Department of Life Sciences University of Mumbai  14:45-15:00 Prof. Shama Parveen Centre for Interdisciplinary Research in Basic Sciences, Jamia Millia Islamia, New Delhi  15:00- 15:15 Prof. Nazeem Fahamiya Dept. of Ilmul Advia, Faculty of Indigenous Medicine, University of Colombo, Sri Lanka Department of Biotechnology, Amity University, Noida  Prof. Kumud Bala Department of Biotechnology, Amity University, Noida Dr. Yasmeen Ansari, Research Officer (Unani), Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.  Dr. Neha Siddiqui, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.	Chairpersons			
Time Speaker Name  14:00 – 14:15 Prof. Farhan Jalees Dept. of Pharmaceutical Education and Research, Jamia Humdard, New Delhi  14:15- 14:30 Dr. SM. Raeesuddeen Former Visiting Faculty, Hamdard University Bangladesh. Former Senior Lecturer, FIM, University of Colombo, Sri Lanka  Molecular Insights into the Assistant Professor, Molecular Biochemistry Laboratory, Department of Life Sciences University of Mumbai  14:45-15:00 Prof. Shama Parveen Centre for Interdisciplinary Research in Basic Sciences, Jamia Millia Islamia, New Delhi  15:00- 15:15 Prof. Nazeem Fahamiya Dept. of Ilmul Advia, Faculty of Indigenous Medicine, University of Colombo, Sri Lanka  Prof. Kumud Bala Department of Biotechnology, Amity University, Noida  Prof. Kumud Bala Department of Biotechnology, Amity University, Noida  Prof. Bial Ahmed, Research Officer (Unani), Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.  Dr. Yasmeen Ansari, Research Officer (Unani), Central Council for Research in Unani Medicine, New Delhi.  Dr. Neha Siddiqui, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.				
14:00 – 14:15 Prof. Farhan Jalees Dept. of Pharmaceutics, School of Pharmaceutical Education and Research, Jamia Humdard, New Delhi  14:15- 14:30 Dr. SM. Raeesuddeen Former Visiting Faculty, Hamdard University Bangladesh. Former Senior Lecturer, FIM, University of Colombo, Sri Lanka  14:30- 14:45 Dr. Ahmad Ali Assistant Professor, Molecular Biochemistry Laboratory, Department of Life Sciences University of Mumbai  14:45-15:00 Prof. Shama Parveen Centre for Interdisciplinary Research in Basic Sciences, Jamia Millia Islamia, New Delhi  15:00- 15:15 Prof. Nazeem Fahamiya Dept. of Ilmul Advia, Faculty of Indigenous Medicine, University of Colombo, Sri Lanka  Physicochemical Characterization and in-vitro anti-inflammatory activity of Kushta Gaodanti A Unani Herbo-Mineral Preparation  15:15: 15:30 Prof. Kumud Bala Department of Biotechnology, Amity University, Noida  Rapporteurs  Dr. Bilal Ahmed, Research Officer (Unani), Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.  Dr. Yasmeen Ansari, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.			al Research Institute of Unani	
Dept. of Pharmaceutics, School of Pharmaceutical Education and Research, Jamia Humdard, New Delhi  14:15- 14:30  17:30  18:15- 14:30  18:30- 14:45  18:30- 15:30  18:30- 1	Time	Speaker Name	Topic	
Former Visiting Faculty, Hamdard University Bangladesh. Former Senior Lecturer, FIM, University of Colombo, Sri Lanka  14:30- 14:45  Dr. Ahmad Ali Assistant Professor, Molecular Biochemistry Laboratory, Department of Life Sciences University of Mumbai  14:45-15:00  Prof. Shama Parveen Centre for Interdisciplinary Research in Basic Sciences, Jamia Millia Islamia, New Delhi  15:00- 15:15  Prof. Nazeem Fahamiya Dept. of Ilmul Advia, Faculty of Indigenous Medicine, University of Colombo, Sri Lanka  15:15: 15:30  Prof. Kumud Bala Department of Biotechnology, Amity University, Noida  Prof. Bilal Ahmed, Research Officer (Unani), Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.  Dr. Yasmeen Ansari, Research Officer (Unani), Central Council for Research in Unani Medicine, New Delhi.  Dr. Neha Siddiqui, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.	14:00 – 14:15	Dept. of Pharmaceutics, School of Pharmaceutical Education and Research,	System in Traditional	
Assistant Professor, Molecular Biochemistry Laboratory, Department of Life Sciences University of Mumbai  14:45-15:00  Prof. Shama Parveen Centre for Interdisciplinary Research in Basic Sciences, Jamia Millia Islamia, New Delhi  15:00- 15:15  Prof. Nazeem Fahamiya Dept. of Ilmul Advia, Faculty of Indigenous Medicine, University of Colombo, Sri Lanka  Prof. Kumud Bala Department of Biotechnology, Amity University, Noida  Prof. Bilal Ahmed, Research Officer (Unani), Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.  Dr. Yasmeen Ansari, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.  Dr. Neha Siddiqui, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.	14:15- 14:30	Former Visiting Faculty, Hamdard University Bangladesh. Former Senior Lecturer, FIM,	potential of the Unani	
Centre for Interdisciplinary Research in Basic Sciences, Jamia Millia Islamia, New Delhi  15:00- 15:15  Prof. Nazeem Fahamiya Dept. of Ilmul Advia, Faculty of Indigenous Medicine, University of Colombo, Sri Lanka  Prof. Kumud Bala Department of Biotechnology, Amity University, Noida  Prof. Kumud Bala Department of Biotechnology, Amity University, Noida  Prof. Bilal Ahmed, Research Officer (Unani), Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.  Dr. Yasmeen Ansari, Research Officer (Unani), Central Council for Research in Unani Medicine, New Delhi.  Dr. Neha Siddiqui, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.	14:30- 14:45	Assistant Professor, Molecular Biochemistry Laboratory, Department of Life Sciences	anti-inflammatory property of	
Dept. of Ilmul Advia, Faculty of Indigenous Medicine, University of Colombo, Sri Lanka  Prof. Kumud Bala Department of Biotechnology, Amity University, Noida  Dr. Bilal Ahmed, Research Officer (Unani), Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.  Dr. Yasmeen Ansari, Research Officer (Unani), Central Council for Research in Unani Medicine, New Delhi.  Dr. Neha Siddiqui, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.	14:45-15:00	Centre for Interdisciplinary Research in Basic	Activities of Unani Drugs	
Department of Biotechnology, Amity Unani formulation Majoon Najah on cervical carcinoma.  Pr. Bilal Ahmed, Research Officer (Unani), Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.  Dr. Yasmeen Ansari, Research Officer (Unani), Central Council for Research in Unani Medicine, New Delhi.  Dr. Neha Siddiqui, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.	15:00- 15:15	Dept. of Ilmul Advia, Faculty of Indigenous	characterization and in-vitro anti-inflammatory activity of Kushta Gaodanti A Unani	
Institute for Literary & Historical Research in Unani Medicine, New Delhi.  Dr. Yasmeen Ansari, Research Officer (Unani), Central Council for Research in Unani Medicine, New Delhi.  Dr. Neha Siddiqui, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.	15:15: 15:30	Department of Biotechnology, Amity	Unani formulation Majoon	
Unani Medicine, New Delhi.  Dr. Neha Siddiqui, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.	Rapporteurs			
in Unani Medicine, Headquarters, New Delhi.		<b>Dr. Yasmeen Ansari</b> , Research Officer (Unani), Central Council for Research in Unani Medicine, New Delhi.		
03:30 PM-03:45 PM   High Tea				
	03:30 PM-03:45 PM   High Tea			



### Scientific Session-VIII | 14:00 - 15:30 | Hall -5

Theme: Advancements in Regimenal Therapies (Ilaj bil Tadbir)

Chairpersons	<b>Prof. Alireza Abbassian</b> , Head, Traditional Medicine Dept., School of Persian Medicine, Tehran University of Medical Sciences, Iran	
	<b>Prof. Ir Dr. Jimmy Mok Vee Hoong</b> , Pro Vice Chancellor, UCSI University, Springhill Campus, Malaysia	
	<b>Dr. Rashidullah Khan</b> , Assistant Director, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi	
Time	Speaker Name	Topic
14:00 - 14:15	<b>Dr. Ghazala Mulla</b> Head of Dept. of Physiology, Z.V.M. Unani Medical College & Hospital, Pune, Maharashtra	Redefining Therapeutic Interventions: Cutting Edge Development in Ilaj bil Tadbir
14:15- 14:30	Prof. Abdul Nasir Ansari Former Director (I/c), Professor & HOD of Ilaj-bil-Tadbir, National Research Institute of Unani Medicine, Bengaluru	Intervention of IBT in neurorehabilitation
14:30- 14:45	Prof. Mohd. Anwar Department of Ilaj-bil-Tadbir, Aligarh Muslim University	Advancing Musculoskeletal Care: Evidence-Based Insights into Regimenal Interventions.
14:45-15:00	<b>Dr. Mohd. Afsahul Kalam</b> Research Officer, Scientist-II, Regional Research Institute of Unani Medicine, Srinagar	Ilaj-bil-Tadbir (regimenal therapy) recent development and future prospects
15:00- 15:15	<b>Dr. Azhar Jabeen</b> Associate Professor, Dept. of Moalajat, Jamia Hamdard, New Delhi	Scientific innovations in Ilaj-bil- Tadbir for health care
15:15: 15:30	<b>Dr. Mohammad Zakir</b> Research Officer (Unani) Scientist-III, National Research Institute of Unani Medicine for Skin Disorders, Hyderabad	Assessment of efficacy of ijāma bi'l Shar (Wet Cupping Therapy) in Waja'al- Mafāṣil (Knee Osteoarthritis) using Biomarkers as outcome measure
Rapporteurs	<b>Dr. Neelam Quddusi</b> , Research Officer (Unani), Scientist-IV, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.	
	<b>Dr. Ghazala Fatima</b> , Research Officer (Unani), Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi.	
	<b>Dr. Nikhat Fatima</b> , Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.	

## 03:30 PM-03:45 PM | High Tea



## Scientific Session-IX | 14:00 - 15:30 | Hall -6

Theme: Evidence Based Recent Research Trends in Unani Medicine

Chairpersons	<b>Dr. Sunchu Glory Swarupa</b> , Director General, National Institute for Micro Small and Medium Enterprises (NI-MSME), Hyderabad		
	<b>Dr. A. Ameer Jahan</b> , Advisory Committee Chairman, Tamil Nadu Medicinal Herbal Cultivator M/o Industries & Commerce, Govt. of Tamil Nadu.		
	<b>Dr. Sharifah Firyelhana Binti Syed Abdul Rahman</b> , Disciplinary and Ethics Unit		
	Traditional and Complementary Medicine Council Section, Traditional and Complementary Medicine Division, Ministry of Health, Malaysia		
	Dr. Pradeep Multani, Chairman Emeritus, Multani Pharmaceuticals Limited.		
	National Prof. AK Azad Khan, President, Diabetic Association of Bangladesh & Regional Chair, South East Asia, IDF, Bangladesh.		
	<ul> <li>Dr. Ghazala Javed, Assistant Director (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.</li> <li>Dr. Irfat Ara Gurkoo, Deputy Director, Regional Research Institute of Unani Medicine, Srinagar.</li> </ul>		
Time	Speaker Name	Topic	
14:00 - 14:12	Dr. Saif Ahmad Associate Professor in Translation Neuroscience/Neurosurgery Department, Barrow Neurological Institute (BNI), Phoenix, AZ, USA.	Role of 3-acetyl-11-keto-β-boswellic acid (a derivative of Kundur- Boswellia serrata) in Traumatic Brain Injury	
14:12- 14:24	<b>Dr. Maryam Sarwat</b> Amity Institute of Pharmacy, Amity University, Sector- 125, Noida (U.P)	Evaluation of the anticancer potential of the Unani formulation Dawa ul kurkum	
14:24- 14:36	<b>Dr. M. Shahar Yar</b> School of Pharmaceutical Education and Research, Jamia Hamdard, New Delhi	Development and Preclinical Investigation of the Antioxidant and Anticancer properties of a Unani formulation in Hepatocellular Carcinoma	
14:36-14:48	<b>Dr. Jasbir Kaur</b> Ocular Biochemistry, Dr. R.P. Centre for Ophthalmic Sciences, AIIMS, New Delhi	Therapeutic potential of Unani formulation in the management of Glaucoma - a silent killer of vision.	
14:48- 15:00	<b>Dr. Mohammad Kamil</b> Director General Lotus Holistic Health Institute, UAE	History and Research Trends in Unani Medicine- Experience Sharing	



#### Scientific Session-IX | 14:00 - 15:30 | Hall -6

#### Theme: Evidence Based Recent Research Trends in Unani Medicine

Time	Speaker Name	Topic
15:00: 15:12	Prof. Arshiya Sultana Dept. of Ilmul-Qabalat-wa-Niswan, National Institute of Unani Medicine, Bengaluru	Unani medicine as a therapeutic approach for premenstrual syndrome: a systemic review and meta-analysis of randomized control trial.
15:12-15:24	<b>Dr. Saba Naqvi</b> Assistant Professor, Department of Pharmacology (NIPER), Raebareli	Pharmacological role of natural products based nano platforms in neurodegenerative disease.
Rapporteurs	Dr. Abdul Raheem, Research Officer (Unani), Scientist-IV, Regional Research Institute of Unani Medicine, New Delhi  Dr. Kiran Negi, Research Officer (Botany), Drug Standardization Research Unit, New Delhi  Dr. Zeba Afrin, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi	

#### 03:30 PM-03:45 PM | High Tea

### 03:45 PM-04:00 PM | Assemble for Valedictory Session

#### 04:00 PM - 05:00 PM | Valedictory Session

#### Rapporteurs

- **Dr. Pawan Kumar,** Research Officer (Pathology), Scientist-IV, Central Council for Research in Unani Medicine, New Delhi.
- **Dr. Zaki Ahmed Siddiqui**, Research Officer (Unani), Scientist-IV, Regional Research Institute of Unani Medicine, New Delhi.
- **Dr. Urooj**, Research Officer (Pharmacology), Scientist-I, Central Council for Research in Unani Medicine, New Delhi.
- **Dr. Fouzia Bashir**, Research Associate (Unani), Central Council for Research in Unani Medicine, Headquarters, New Delhi.



## **Central Council for Research in Unani Medicine**

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